

## The Ultimate Newcomers' Checklist: Your Guide to Starting Fresh in Saint John Region

A comprehensive step-by-step guide to help newcomers organize essential tasks for pre-arrival, post-arrival, and settling into life in the Saint John region. For more detailed information, visit [NewtoSaintJohn.ca](http://NewtoSaintJohn.ca) and our local settlement agencies.

### Before You Depart:

#### *You will need to bring.....*

- ☐ Valid Passport (≥ six months' validity)
- ☐ Appropriate Visa or Electronic Travel Authorization (eTA)
- ☐ Proof of Canadian Immigration Status (e.g., study permit, work permit, PR card)
- Important Documents (original & certified translations):
  - ☐ Birth Certificates
  - ☐ Marriage/divorce certificates; death certificate for a deceased spouse
  - ☐ Adoption records for adopted children
  - ☐ Educational diplomas/transcripts/certificates
  - ☐ Work experience letters
  - ☐ Immunization/vaccination records
  - ☐ Driver's licence/ International Driving Permit (IDP)
  - ☐ Medical records and dental records
- ☐ Proof of funds
- ☐ Police clearance certificate (if required)
- ☐ Flight itinerary and ticket
- ☐ Proof Travel Insurance
- ☐ Proof of Accommodation (temporary or permanent)
- Packing Essentials:
  - ☐ Electronics and adapters (Canada: 120V, 60Hz, and Type A/B plugs)
  - ☐ Weather-appropriate clothing
  - ☐ Other personal items
- ☐ Currency exchanges
- ☐ Download digital maps (e.g., Google Map)
- ☐ Important contacts:
  - Emergency contacts
  - Immigration lawyer (if applicable)
- ☐ Other Situation specific documents as needed

### Upon Arrival in Saint John:

#### *You will need to know.....*

- Landing Process:
  - Present your documents to the Canada Border Services Agency (CBSA)
    - ☐ Confirmation of Permanent Residence (COPR)
    - ☐ Passport with visa
    - ☐ Proof of funds / accommodation (if required)
- ☐ Be aware of your options of transportation (visit [YSJsaintjohn.ca](http://YSJsaintjohn.ca) website):
  - Taxi: available at the airport; download Uride app

- Bus: download SJTRides app or use cash (\$3 per ride) or buy bus pass
- Book a pick-up service in private group
- Rental cars

## **After Arrival in Saint John:**

### ***You will need to apply for.....***

- ☐ Social Insurance Number (SIN)
- ☐ New Brunswick identification (ID) card
- Setting up Utilities and Services:
  - ☐ Canadian Telephone Number
  - ☐ Internet (if your accommodation required)
  - ☐ Electricity (Saint John Energy or NB Power)
- ☐ Canadian Bank Account
- ☐ Secure long-term or permanent accommodations
- Healthcare needs:
  - ☐ Medicare card
  - ☐ Health insurance
  - ☐ Family Doctor
  - ☐ Immunizations
  - ☐ Community Services (e.g. childcare, subsidies)
- Driver's License:
  - ☐ Exchange foreign driver's license (translation if required)
  - ☐ Obtain a Canadian Driver's license
- Education:
  - For Children
    - ☐ School registration
    - ☐ Youth programs
    - ☐ After School Service
    - ☐ Language training
  - For Adult
    - ☐ Language training
    - ☐ Higher Education Opportunities: UNB, NBCC
    - ☐ Entrepreneurship Programs
    - ☐ Employment and Skills Training
- Employment:
  - ☐ Job research
  - ☐ Professional licensing
  - ☐ Job Fair
- ☐ Exploratory Visits:
  - Explore the area and understand local amenities
- Stay Connected:
  - ☐ Community integration
  - ☐ Volunteer opportunities
  - ☐ Orientation sessions
  - ☐ Culture communities and groups

- Legal and Tax:
  - ☐ Taxes clinic
  - ☐ Legal clinic
  - ☐ Permanent Resident Obligations
- Disabilities Support Service:
  - ☐ Inclusive Programs and Services – City of Saint John
  - ☐ Disability Support Program – GNB
- Emergency Preparedness:
  - ☐ Emergency telephone number: 911
  - ☐ Non-Emergency Line for Saint John Police: 506-648-3333
  - ☐ Health Information Line: 811
  - ☐ Community and Social Services Line: 211